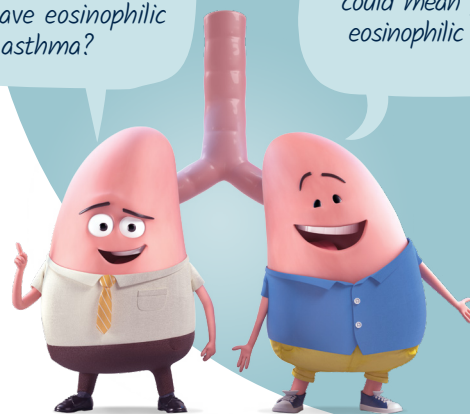


When it comes to asthma, your lungs have a lot to say.

Sharing your symptoms with your doctor is the best way to identify and treat your type of asthma.

Did you know that about 70% of people with severe asthma may have eosinophilic asthma?

Ask if your symptoms could mean you have eosinophilic asthma.



Speak to your doctor - Identifying poor symptom control is important for you and your doctor, especially if you:^{1,2}



Use a rescue inhaler to control your asthma symptoms three or more times a week?^{1,2}



Wake up at night because of your asthma symptoms more than once a week?^{1,2}



Taken or been injected steroids for your asthma symptoms two or more times in the last year?²



Experienced an asthma attack that required unexpected medical care in the past year?^{1,2}

These questions can help you and your doctor identify and treat your type of asthma.

1. Could white blood cells such as eosinophils be a reason for my asthma symptoms?
2. Should I get a blood test done to see if high eosinophil counts are associated with my asthma symptoms?
3. Should I see an asthma specialist, such as an allergist or a pulmonologist? (If you're talking to your primary care physician)
4. Does my treatment need to change if I have eosinophilic asthma?

Keep this sheet.

It may be helpful during a discussion with your doctor.

References:

1. Skolnik NS, Carnahan SP. Primary care of asthma: new options for severe eosinophilic asthma. *Curr Med Res Opin.* 2019;35(7):1309-1318.
2. Global Initiative for Asthma. Global Strategy for Asthma Management and Prevention, 2020.

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Material for patients

Produced by AstraZeneca CAMCAR Costa Rica S.A., Plaza Roble Corporate Center, Los Balcones Building, 2nd Level, Escazú, San José, Costa Rica. Telephone (506) 2201-3400, Apdo.: 0993-1260 Escazú. www.astrazeneca.com for AstraZeneca CAMCAR S.A.

To report an adverse event send an email to CAMCAR.PatientSafety@astrazeneca.com.

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GIVE YOUR LUNGS A VOICE 